



# THE 13<sup>TH</sup> SUNDAY AFTER PENTECOST

August 22, 2021

8 am

**ST. DUNSTAN'S**  
EPISCOPAL CHURCH

*Welcome BACK to St Dunstan's! We are glad you are here!*  
*Please silence your phones and wear your mask while indoors.*

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## THE MINISTRY OF THE WORD

**Prelude** "Cantabile" from Sonata No. 7, Opus 89

*Alexandre Guilmant*

**Priest** Blessed be God: Father, Son, and Holy Spirit.

**People** And blessed be God's kingdom, now and for ever. Amen.

**People** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

**People** Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father,  
we worship you, we give you thanks, we praise you for your glory.  
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.

**The Collect of the Day** *The people stand or kneel.*

**Priest** The Lord be with you.

**People** And also with you.

**Priest** Let us pray.

Offensive God; refusing our religion of sacrifice and power:  
find us in our wandering, speak to us the word of life, liberate our violent hearts  
and let us stay with you; through Jesus Christ, the holy one of God. **Amen.**

## **Joshua 24:1-2a,14-18**

*Joshua calls the people to renew their covenant with the Lord and to realize what it means to promise to worship the Lord as the only God. This takes place at Shechem after the journey through the wilderness to the promised land. Joshua's farewell speech is stern, for it is no easy matter to enter into relationship with such a holy Lord, who will not allow followers to reverence any other gods. (Historically it is possible that this ceremony was used to accept into the covenant peoples living in Palestine who were not themselves participants in the exodus.)*

Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, "Thus says the Lord, the God of Israel: "Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord."

Then the people answered, "Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God."

Reader The Word of the Lord.

People **Thanks be to God.**

## **Psalm 34:15-22 *Benedicam Dominum***

*The Lord is gracious toward all who turn from evil and have reverence for God.*

15 **T**he eyes of the Lord are upon the righteous, \*  
and his ears are open to their cry.

16 The face of the Lord is against those who do evil, \*  
to root out the remembrance of them from the earth.

17 The righteous cry, and the Lord hears them \*  
and delivers them from all their troubles.

*Continued . . .*

- 18 The Lord is near to the brokenhearted \*  
and will save those whose spirits are crushed.
- 19 Many are the troubles of the righteous, \*  
but the Lord will deliver him out of them all.
- 20 He will keep safe all his bones; \*  
not one of them shall be broken.
- 21 Evil shall slay the wicked, \*  
and those who hate the righteous will be punished.
- 22 The Lord ransoms the life of his servants, \*  
and none will be punished who trust in him.

### **Ephesians 6:10-20**

*Christians are instructed to put on the whole armor of God in order to defend themselves from the powers of evil, which are beyond any human control. The passage recognizes that it is God who will take the active role against these superhuman forces. In this battle it is the Christian's primary task to stand and resist. The language and imagery may once have been used in an address to newly baptized disciples. Finally, they are urged to be constant in prayer, remembering Paul who is now in prison.*

**B**e strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

Reader The Word of the Lord.  
People **Thanks be to God.**

## **John 6:56-69**

*Different responses to Jesus' claim that he is the heavenly bread that gives the life of the eternal age to those who eat it. His are words of spirit and life, but many can understand them only in a materialistic sense and are like the Israelites who did not trust God in the wilderness. Yet, if this saying is hard for them to believe, more difficult still will be Jesus' ascent into heaven as the Son of Man. As Jesus knew would happen, many disciples now turn away, but Peter confesses him to be God's holy one who has the words of eternal life.*

Priest The Holy Gospel of our Lord Jesus Christ according to John.

**People Glory to you, Lord Christ.**

Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father."

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

Priest The Gospel of the Lord.

**People Praise to you, Lord Christ.**

## **The Sermon**

*After the sermon a brief silence is kept.*

The Rev. Laurel Coote

The Nicene Creed *All Stand.*

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the  
Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

Who with the Father and the Son is worshipped and glorified.

Who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

## The Prayers of the People

*from* Intercessions for the Christian People

*The people stand or kneel*

Leader Inspired by the Spirit, we now offer our Sunday prayers to God in the name of Jesus Christ, saying: Lord, have mercy.

For the fulfillment of the mission of the church,  
let us pray to the Lord:

**People Lord, have mercy.**

Leader For the liberation of the children of God from the bondage of fear,  
let us pray to the Lord:

**People Lord, have mercy.**

Leader For the consolation of all those who struggle with doubts or disbelief,  
let us pray to the Lord:

**People Lord, have mercy.**

Leader For renewed witness to the gospel among Christian people in positions of public trust, let us pray to the Lord:

**People Lord, have mercy.**

Leader For our assembly as we hand on the faith of our ancestors from one generation to another, let us pray to the Lord:

**People Lord, have mercy.**

Leader For the sick and the suffering, the lonely and the dying, [especially N.],  
let us pray to the Lord:

**People Lord, have mercy.**

Leader We remember those who have died, [including N.],  
let us pray to the Lord:

**People Lord, have mercy.**

Leader In the communion of the Holy Spirit, with Mary, the mother of the Son of God, with St. Dunstan, St. Andre and with all the saints in light, let us commend our lives and the lives of one another to the Lord. **Amen.**

Priest Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. **Amen.**

**Confession of Sin** *Standing or kneeling. Silence may be kept.*

Priest Let us confess our sins against God and our neighbor.

*We pause for a moment of reflection as we prepare to acknowledge the ways we have turned away from God.*

**People** **M**ost merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. **We have not loved you with our whole heart; We have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

**The Absolution**

Priest **A**lmighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

**The Peace** *All stand.*

Priest The peace of the Lord be always with you.

**People And also with you.**

*The people exchange the peace with one another.*

**Announcements** *All are seated.*

**The Offertory**

Priest Walk in love, as Christ loved us and gave himself for us, a fragrant offering and sacrifice to God.

# THE HOLY COMMUNION

Priest Blessed are you, God of all creation;  
through your goodness we have these gifts to share.  
Accept and use our offerings for your glory.

**People Blessed be God forever.**

## The Great Thanksgiving

*Eucharistic Prayer B*

Priest The Lord be with you.

**People And also with you.**

Priest Lift up your hearts.

**People We lift them to the Lord.**

Priest Let us give thanks to the Lord our God.

**People It is right to give God thanks and praise.**

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**People Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The people stand or kneel*

Priest We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.



On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,  
**People** **We remember his death,**  
**We proclaim his resurrection,**  
**We await his coming in glory**

Priest And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Priest And now, as our Savior Christ has taught us, we are bold to say,

**People** **O**ur Father, who art in heaven, hallowed be thy Name,  
**thy kingdom come, thy will be done, on earth as it is in heaven.**  
**Give us this day our daily bread.**  
**And forgive us our trespasses, as we forgive those who trespass against us.**  
**And lead us not into temptation, but deliver us from evil.**  
**For thine is the kingdom, and the power, and the glory, for ever and ever.**  
**Amen.**

## **The Breaking of the Bread**

*The Priest breaks the consecrated bread.*

Priest **W**e break this bread to share in the body of Christ.

**People We who are many are one body, for we all share the one bread.**

Priest The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

### **ALL ARE WELCOME TO RECEIVE THE HOLY COMMUNION.**

When directed by the usher, come forward to the communion station.  
Please keep your mask on with your hands extended to receive the Host.  
The bread is received in the open palm.

Once you have moved away from the Minister,  
you may remove one side of your mask, consume the Host, and replace your mask.

Those who prefer to receive a blessing may indicate this by  
crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer.

## **The Post-Communion Prayer**

Priest Let us pray.

**People Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us spiritually with the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## The Blessing

Priest    **L**ife is short.  
            And we do not have too much time to gladden the hearts  
            of those who travel the way with us.  
            So be swift to love.  
            Make haste to be kind.  
            And may the blessing of God, who made us, who loves us,  
            and who travels with us be with you now and forever. **Amen.**

Priest    **G**o in peace to love and serve the Lord.

**People    Thanks be to God.**

*The people are invited to listen and observe silence during the postlude.  
All are welcome to enjoy fellowship with one another outside the church during coffee hour.*



*The altar flowers are given to the Glory of God  
by Joan & Mike Carter in celebration of their anniversary*

*St. Dunstan's Episcopal Church celebrates God's diverse creation  
and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity,  
culture, ethnicity, economic status, or ability.*

*Daughters of the King to host*

## **5th Sunday Brunch**

**August 29th**

**9—9:45 am**

On the fifth Sunday of this month, plan to join us for breakfast between the 8 o'clock and 10 o'clock Holy Eucharists

## ***St. Dunstan's Foundation*** **2021 Grant Season Opens**

St. Dunstan's Foundation is now accepting applications for funding through our grant program on August 1st. The deadline for applying is September 30th. Information, downloadable fliers, and applications are available at [stdcv.org/foundation](http://stdcv.org/foundation).

Questions can be sent to [foundation@stdcv.org](mailto:foundation@stdcv.org)

## **Zoom Compline, Mondays at 5:30 pm**

Please consider joining us for prayer as we give thanks to God for the day that is past and place our hope and faith in God for the night.

We are currently using the Order for Compline from the New Zealand Prayer book, which can be downloaded at [stdcv.org/bulletins](http://stdcv.org/bulletins).

### **Join Zoom Compline**

<https://us02web.zoom.us/j/85070384899>

Meeting ID: [850 7038 4899](https://us02web.zoom.us/j/85070384899)

## **Rector's Sabbath**

Rev. Laurel is observing her sabbath day on Fridays. Please respect this important time away except for pastoral emergencies. She will reply to any messages on Saturday.

## Discussion Group Sundays, 9 am

We continue to discuss Holy Envy: Finding God in the Faith of Others by Barbara Brown Taylor.

**We are now meeting in -person in the Guild**

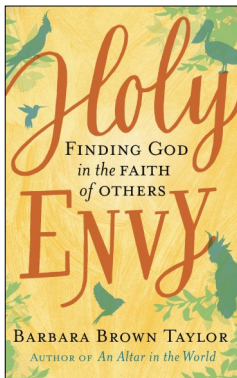
**Room with masks.** However, if you prefer to join us via Zoom, we will gladly bring you in with this link:

<https://us02web.zoom.us/j/89077277480>

*Sign up today to receive*

## St. Dunstan's weekly eNews

Getting weekly news, links to sermons, updates, and schedules is as simple as visiting [stdcv.org/subscribe](http://stdcv.org/subscribe) and entering your email address.



## COVID-Caution still important WSD Postpones Social Event

The Women of St. Dunstan's First Social of the Year will be postponed from 9/11 to another date because of health concerns with an indoor event and no masks. We want no one's health to be in jeopardy, and we want all to be able to eat and socialize inside with each other.

We do not have an alternate date yet as we will need to watch the current health concerns of the County. I do appreciate all the volunteering and participation that the Women of St. Dunstan's has offered to make this event a success. It will be a wonderful success when we have our next date.

Stay Healthy, and I can hardly wait to have our first Social!

Pam Austin, President of the WSD

## Weekly Bulletins available electronically

Whether you want to save the environment by using less paper, like the idea of reading on your device, want to see what's coming up or what is past, our weekly worship bulletins are available as a PDF online at [stdcv.org/bulletins](http://stdcv.org/bulletins)



## Pastoral Care & Prayer Requests

For pastoral concerns, contact Rev. Laurel [via email](#) or on her cell [310-562-5746](tel:310-562-5746). And you can always leave a message on the Pastoral Care line at church [831-624-6646](tel:831-624-6646) ext 5.

Our Daughters of the King chapter welcomes your prayer requests in this time when many are in crisis. Please email the DOK's [Elizabeth Buche](#), who manages the Daughters' prayer list. The Daughters pray for members of our parish and for many other individuals daily.

*Help us know you by*

### Filling out a Pew Card

If you are visiting us, are new to Saint Dunstan's, or if your contact information has changed, please fill out a Pew Card and drop it in the collection plate. Thanks!



## Dedicate Altar Flowers

This is a lovely and meaningful way to give Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The cost of the flowers is \$20, but some give more. Checks should be made out to St. Dunstan's with "Altar Flowers" in the memo.

You can check available Sundays on our Master Calendar at [stdcv.org/calendar](http://stdcv.org/calendar). (hint: if you see ". . ." before "The Altar Flowers", that Sunday is available.)

### This week's guest organist

This week we welcome Cathryn Wilkinson to the bench. Welcome back, Cathryn!

## Deadline for eNews, Bulletin

Items for our eNews and Sunday Bulletin should be submitted to [office@stdcv.org](mailto:office@stdcv.org) by midnight Sunday.

# THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE OPEN TUESDAY—THURSDAY, 9 AM—12 NOON

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## Sunday, August 22

8:00 am Holy Eucharist  
9:00 am Discussion Group  
10:00 am Holy Eucharist (live-streamed)  
11:00 am Coffee Hour

## Monday, August 23

5:30 pm Zoom Compline

## Tuesday, August 24

8:00 am Staff meeting  
7:30 pm AA

## Wednesday, August 25

10:00 am Holy Eucharist  
11:00 am Prayer Shawl Ministry

## Thursday, August 26

4:00 pm Vestry Meeting

## Friday, August 27

## Saturday, August 28

## Sunday, August 29

8:00 am Holy Eucharist  
9:00 am Discussion Group  
10:00 am Holy Eucharist (live-streamed)  
11:00 am Coffee Hour

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View the entire parish calendar [stdev.org/calendar](http://stdev.org/calendar)

## AUGUST BIRTHDAYS

2 Bette Nybakken	6 Pam Austin	19 Noemy Garcia
3 June Saunders	10 Sandy Hendrickson	23 Clare Riggs
4 Ann Quattlebaum	10 Patricia Stewart	23 Jacey Talley
4 Elise Simonsen	17 Carol Stang	



## **WE HOPE YOU FIND YOURS HERE**

Here is a place that is ancient and new, a faith that we hold going back to Jesus, back to his spiritual ancestors, back to those who walked the earth and found holy ground. And what we do is often based on really ancient patterns—worship and music; loving service to the poor, the hurting, the lonely; working for justice and peace; lively, fearless education and formation of minds and souls. And that faith is also completely contemporary, engaged in the culture and the needs of the moment.

## **WHAT WE ARE FOR**

The dignity and worth of every person. An open minded, passionate commitment to truth. The importance of everyone's own spiritual journey. God's friends wherever we find them. Seeking Christ in every person who comes through the door. The sacredness of life's rites of passage. The value of community. The hard work necessary to make sure that all are welcomed. Telling the truth about life's challenges. A "user-friendly" church experience. Children, youth and families. We believe that God is love, and we pray that God will use us to spread that love.

## **WHAT WE ARE AGAINST**

Claiming to have all the answers. Elitism and exclusivism, especially in church. Bigotry for any reason. Authoritarianism. Indifference to injustice and suffering. Certitude in the face of ambiguity and superficial answers to hard questions. Boring sermons, bad music and general cluelessness. (So, God help us, because we don't always avoid these!)

## **WHAT WE VALUE**

Community, open hearts, open minds, open arms. Faith. Fortitude. Staying current, but equally staying rooted in tradition. Reason and honesty. Civic responsibility. Debate that allows for mutual respect. Music and beauty for their own sake. Joy in God's creation. Anyone who makes an effort to get to know and follow Jesus.

## **WELCOME!**

*Originally written by the people of St. Bartholomen's, New York, this statement has been modified for our use with their permission.*

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## **St. Dunstan's Episcopal Church**

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