



THE 11TH SUNDAY AFTER PENTECOST

August 8, 2021

8 am

ST. DUNSTAN'S
EPISCOPAL CHURCH

Welcome BACK to St Dunstan's! We are glad you are here!
Please silence your phones and wear your mask while indoors.

THE MINISTRY OF THE WORD

Prelude Mountain Air and Dance
Dearest Jesus, at Your Word

M. Balderston
T. Albrecht

Priest Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

People Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

People Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High, Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.

The Collect of the Day *The people stand or kneel.*

Priest The Lord be with you.

People And also with you.

Priest Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

1 Kings 19:4-8

Elijah seeks to escape the wrath of Jezebel after his successful contest with the priests of Baal. God miraculously intervenes on Elijah's behalf and gives him strength to journey forty days and nights to Mount Horeb, where Moses received the ten commandments. The number forty reminds us of other biblical journeys and experiences, such as the forty years in the wilderness, the forty days of Noah's flood, and later of Jesus' temptation in the wilderness.

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Reader The Word of the Lord.

People Thanks be to God.

Psalm 34:1-8 *Benedicam Dominum*

A hymn of blessing and praise to the Lord for divine deliverance.

1 I will bless the Lord at all times; *
his praise shall ever be in my mouth.

2 I will glory in the Lord; *
let the humble hear and rejoice.

3 Proclaim with me the greatness of the Lord; *
let us exalt his Name together.

- 4 I sought the Lord, and he answered me *
and delivered me out of all my terror.
- 5 Look upon him and be radiant, *
and let not your faces be ashamed.
- 6 I called in my affliction and the Lord heard me *
and saved me from all my troubles.
- 7 The angel of the Lord encompasses those who fear him, *
and he will deliver them.
- 8 Taste and see that the Lord is good; *
happy are they who trust in him!

Ephesians 4:25-5:2

Christians are urged to conform to a new way of life which is pleasing to the Holy Spirit. They are to have a love like the love of Christ. All manner of evil is to be shunned. Especially are the new converts to put away spitefulness and other sins which harm the one body and grieve the Spirit with which they have been sealed in baptism. The model is none other than a God who is revealed in the Christ who sacrificed himself for us.

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader The Word of the Lord.

People **Thanks be to God.**

John 6:35-51

Jesus continues to teach that he is the true bread who will bring all who have faith in him eternal life.

The discussion is meant to recall the story of the Israelites protesting and murmuring against God in the wilderness because they had no bread. But even the manna that God gave them was only a temporary food. While Jesus seems very ordinary to the Jews (who represent a worldly lack of faith), he offers the world both his teaching and himself, a life-giving bread from heaven.

Priest The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." But I said to you that you have seen me and yet do not believe. Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away; for I have come down from heaven, not to do my own will, but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day."

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Priest The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

After the sermon a brief silence is kept.

The Rev. Laurel Coote

The Nicene Creed *All Stand.*

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the
Father.

Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
Who with the Father and the Son is worshipped and glorified.
Who has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

from Intercessions for the Christian People

The people stand or kneel

Leader Inspired by the Spirit, we now offer our Sunday prayers to God in the name of Jesus Christ, saying: Lord, have mercy.

For the fulfillment of the mission of the church,
let us pray to the Lord:

People Lord, have mercy.

Leader For the liberation of the children of God from the bondage of fear,
let us pray to the Lord:

People Lord, have mercy.

Leader For the consolation of all those who struggle with doubts or disbelief,
let us pray to the Lord:

People Lord, have mercy.

Leader For renewed witness to the gospel among Christian people in positions of public trust, let us pray to the Lord:

People Lord, have mercy.

Leader For our assembly as we hand on the faith of our ancestors from one generation to another, let us pray to the Lord:

People Lord, have mercy.

Leader For the sick and the suffering, the lonely and the dying, [especially N.],
let us pray to the Lord:

People Lord, have mercy.

Leader We remember those who have died, [including N.],
let us pray to the Lord:

People Lord, have mercy.

Leader In the communion of the Holy Spirit, with Mary, the mother of the Son of God, with St. Dunstan, St. Andre and with all the saints in light, let us commend our lives and the lives of one another to the Lord. **Amen.**

Priest Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. **Amen.**

Confession of Sin *Standing or kneeling. Silence may be kept.*

Priest Let us confess our sins against God and our neighbor.

We pause for a moment of reflection as we prepare to acknowledge the ways we have turned away from God.

People **M**ost merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. **We have not loved you with our whole heart; We have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

The Absolution

Priest **A**lmighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace *All stand.*

Priest The peace of the Lord be always with you.

People And also with you.

The people exchange the peace with one another.

Announcements *All are seated.*

The Offertory

Priest Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

THE HOLY COMMUNION

Priest Blessed are you, God of all creation;
through your goodness we have these gifts to share.
Accept and use our offerings for your glory.

People Blessed be God forever.

The Great Thanksgiving

Eucharistic Prayer B

Priest The Lord be with you.

People And also with you.

Priest Lift up your hearts.

People We lift them to the Lord.

Priest Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Priest It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

People Holy, holy, holy Lord, God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people stand or kneel

Priest We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

People We remember his death,
We proclaim his resurrection,
We await his coming in glory

Priest And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Priest And now, as our Savior Christ has taught us, we are bold to say,

People **O**ur Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever.
Amen.

The Breaking of the Bread

The Priest breaks the consecrated bread.

Priest **W**e break this bread to share in the body of Christ.

People **We who are many are one body, for we all share the one bread.**

Priest The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

ALL ARE WELCOME TO RECEIVE THE HOLY COMMUNION.

When directed by the usher, come forward to the communion station.
Please keep your mask on with your hands extended to receive the Host.

The bread is received in the open palm.

Once you have moved away from the Minister,
you may remove one side of your mask, consume the Host, and replace your mask.

Those who prefer to receive a blessing may indicate this by
crossing their arms over their chest.

If you have a wheat sensitivity, you may ask the priest for a gluten-free wafer.

The Post-Communion Prayer

Priest Let us pray.

People **E**ternal God, heavenly Father, you have graciously accepted us as
living members of your Son our Savior Jesus Christ, and you have fed us
spiritually with the Sacrament of his Body and Blood.
Send us now into the world in peace, and grant us strength and
courage to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

The Blessing

Priest **L**ife is short.
 And we do not have too much time to gladden the hearts
 of those who travel the way with us.
 So be swift to love.
 Make haste to be kind.
 And may the blessing of God, who made us, who loves us,
 and who travels with us be with you now and forever. **Amen.**

Priest **G**o in peace to love and serve the Lord.
People **T**hanks be to God.

*The people are invited to listen and observe silence during the postlude.
All are welcome to enjoy fellowship with one another outside the church during coffee hour.*



*The altar flowers are given to the Glory of God
and celebrating the birthday, life & memory of Dede White by Ollie White*

*St. Dunstan's Episcopal Church celebrates God's diverse creation
and strives to build an inclusive community that welcomes everyone, no matter age, gender, sexual identity,
culture, ethnicity, economic status, or ability.*

Service of Remembrance This Wednesday, 7 pm

As Resurrection people, we are reminded of the promise that beyond this mortal life is life in Christ, where there is no pain or sorrow, but only joy and peace. We come to be reminded that even in our sadness, those who have faith in the Lord shall have life, even though they die, and that we, too, will one day be united with our loved ones who have gone before.

On Wednesday, August 11, all are invited to gather for *A Service of Remembrance*, where we will gather to pray, to reflect, and to name and honor and remember those we have lost through this time of COVID-19. With words and prayers, candles and songs, and a ritual of remembrance, we will share in our collective grief as we support one another. You, your family and friends are welcome to join us for the service, and we will live stream the service so that those who do not live locally may also participate.

Please contact the office no later than August 5th to have those you love included in those we name.

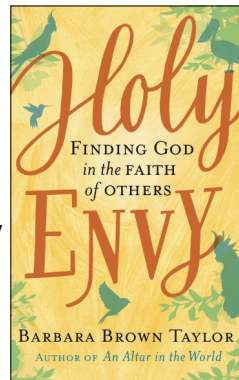
Discussion Group Sundays, 9 am

We continue to discuss Holy Envy: Finding God in the Faith of Others by Barbara Brown Taylor.

We are now meeting in-person in the Guild

Room with masks. However, if you prefer to join us via Zoom, we will gladly bring you in with this link:

<https://us02web.zoom.us/j/89077277480>



Dedicate Altar Flowers

This is a lovely and meaningful way to give Glory to God in celebration of a birthday, or in thanksgiving, or in memory of a loved one. The cost of the flowers is \$20, but some give more. Checks should be made out to St. Dunstan's with "Altar Flowers" in the memo.

You can check available Sundays on our Master Calendar at stdcv.org/calendar. (hint: if you see ". . ." before "The Altar Flowers", that Sunday is available.)

This week's guest organist

This week we welcome Charles Talmadge to the bench. Welcome, Charles!

St. Dunstan's Foundation 2021 Grant Season Opens

St. Dunstan's Foundation is now accepting applications for funding through our grant program on August 1st. The deadline for applying is September 30th. Information, downloadable fliers, and applications are available at stdcv.org/foundation.

Questions can be sent to foundation@stdcv.org

Pastoral Care & Prayer Requests

For pastoral concerns, contact Rev. Laurel [via email](#) or on her cell [310-562-5746](tel:310-562-5746). And you can always leave a message on the Pastoral Care line at church [831-624-6646](tel:831-624-6646) ext 5.

Our Daughters of the King chapter welcomes your prayer requests in this time when many are in crisis. Please email the DOK's [Elizabeth Buche](#), who manages the Daughters' prayer list. The Daughters pray for members of our parish and for many other individuals daily.



Come to the WSD's First Social of the Year!

"Tea, Lunch, and Punch" will be held in Brock Hall from 11:30 am to 1:30 pm, Saturday, September 11.

Ollie is bringing many of treasures she has collected over the years from all over the world to share with each of us. We will be able to pick and take home what items you want so they will continue to be treasured by her church community.

If anyone needs a ride to the Church for this event, or to RSVP call Pam Austin **831-601-2381**. We need a count of how many so we can set a place for you.

Looking forward to seeing each of you. If you are a Woman, you are in the "Women of St. Dunstan's". Let's have some fun!

Deadline for eNews, Bulletin

Items for our eNews and Sunday Bulletin should be submitted to office@stdcv.org by midnight Sunday.

Rector's Sabbath

Rev. Laurel is observing her sabbath day on Fridays. Please respect this important time away except for pastoral emergencies. She will reply to any messages on Saturday.

Help us know you by
Filling out a Pew Card

If you are visiting us, are new to Saint Dunstan's, or if your contact information has changed, please fill out a Pew Card and drop it in the collection plate. Thanks!

Sign up today to receive
St. Dunstan's weekly eNews

Getting weekly news, links to sermons, updates, and schedules is as simple as visiting stdcv.org/subscribe and entering your email address.

**Zoom Compline,
Mondays at 5 pm**

15 minutes to give thanks to God for the day that is past and placing our hope and faith in God for the night.

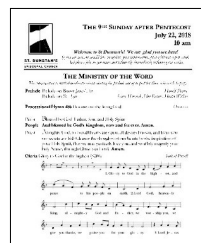
We are currently using the Order for Compline from the New Zealand Prayer book, which can be downloaded at stdcv.org/bulletins.

Join Zoom Compline

<https://us02web.zoom.us/j/85070384899>
Meeting ID: [850 7038 4899](https://us02web.zoom.us/j/85070384899)

Weekly Bulletins available electronically

Whether you want to save the environment by using less paper, like the idea of reading on your device, want to see what's coming up or what is past, our weekly worship bulletins are available as a PDF online at stdcv.org/bulletins



THIS WEEK AT ST DUNSTAN'S

PARISH OFFICE OPEN TUESDAY—THURSDAY, 9 AM—12 NOON

Sunday, August 8

8:00 am Holy Eucharist
9:00 am Discussion Group
10:00 am Holy Eucharist (live-streamed)
11:00 am Coffee Hour

Monday, August 9

4:00 pm Finance Committee Meeting
5:00 pm Zoom Compline

Tuesday, August 10

8:00 am Staff meeting
4:00 pm St. Dunstan's Foundation Mtg
7:30 pm AA

Wednesday, August 11

12:00 pm Prayer Shawl Ministry
7:00 pm Service of Remembrance

Thursday, August 12

Friday, August 13

4:00 pm I-Help Men

Saturday, August 14

Sunday, August 15

8:00 am Holy Eucharist
9:00 am Discussion Group
10:00 am Holy Eucharist (live-streamed)
11:00 am Coffee Hour

View the entire parish calendar stdev.org/calendar

AUGUST BIRTHDAYS

2 Bette Nybakken	6 Pam Austin	19 Noemy Garcia
3 June Saunders	10 Sandy Hendrickson	23 Clare Riggs
4 Ann Quattlebaum	10 Patricia Stewart	23 Jacey Talley
4 Elise Simonsen	17 Carol Stang	



WE HOPE YOU FIND YOURS HERE

Here is a place that is ancient and new, a faith that we hold going back to Jesus, back to his spiritual ancestors, back to those who walked the earth and found holy ground. And what we do is often based on really ancient patterns—worship and music; loving service to the poor, the hurting, the lonely; working for justice and peace; lively, fearless education and formation of minds and souls. And that faith is also completely contemporary, engaged in the culture and the needs of the moment.

WHAT WE ARE FOR

The dignity and worth of every person. An open minded, passionate commitment to truth. The importance of everyone's own spiritual journey. God's friends wherever we find them. Seeking Christ in every person who comes through the door. The sacredness of life's rites of passage. The value of community. The hard work necessary to make sure that all are welcomed. Telling the truth about life's challenges. A "user-friendly" church experience. Children, youth and families. We believe that God is love, and we pray that God will use us to spread that love.

WHAT WE ARE AGAINST

Claiming to have all the answers. Elitism and exclusivism, especially in church. Bigotry for any reason. Authoritarianism. Indifference to injustice and suffering. Certitude in the face of ambiguity and superficial answers to hard questions. Boring sermons, bad music and general cluelessness. (So, God help us, because we don't always avoid these!)

WHAT WE VALUE

Community, open hearts, open minds, open arms. Faith. Fortitude. Staying current, but equally staying rooted in tradition. Reason and honesty. Civic responsibility. Debate that allows for mutual respect. Music and beauty for their own sake. Joy in God's creation. Anyone who makes an effort to get to know and follow Jesus.

WELCOME!

Originally written by the people of St. Bartholomen's, New York, this statement has been modified for our use with their permission.

St. Dunstan's Episcopal Church

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